



TRAIN AT THE HOME OF MANCHESTER CITY

**2019 COURSES AT THE
CITY FOOTBALL ACADEMY**

Language • Development • Performance



DELIVERED BY
BRITISH STUDY CENTRES

WELCOME

“We look forward to welcoming young players from all over the world to the City Football Academy to experience how City players train and play.”

Pep Guardiola
Manager, Manchester City



WHO COULD YOU BECOME?

INSPIRING FACILITIES



Train at the City Football Academy, in the heart of the Etihad Campus

AUTHENTIC EXPERIENCE



Gain exclusive insight behind the scenes at the Club

BEAUTIFUL FOOTBALL



Play like a City player, following the Club's training philosophy and methodology

CONTENTS

EXPERIENCE THE ETIHAD CAMPUS	4
TRAINING AT MANCHESTER CITY	6
OUR COURSES	7
City Football Language	8
City Football Development	18
City Football Performance	28
ACCOMMODATION	38
SAFETY AND WELFARE	39
FAQS	40

EXPERIENCE THE ETIHAD CAMPUS

Players will be based at the City Football Academy, Manchester City's world-class training facility, shared by the Men's First Team, Women's First Team and Academy Teams alike.



- 1 Etihad Stadium**
Players will experience a behind-the-scenes tour, and will also complete the course with a closing ceremony in one of the stadium suites.
- 2 Indoor Pitch**
The full-sized indoor pitch at the heart of the CFA's central training facility, is a truly inspirational setting in which to train and play.
- 3 Connell College**
Off-pitch sessions, lunchtimes and breaks will take place at Connell College, a modern educational facility adjacent to the Etihad Campus.

- 4 Manchester Institute of Health & Performance (MIHP)**
Players on the City Football Performance course will get the unique opportunity to experience the facilities at the MIHP, an elite high-performance facility designed to develop athletes from all sports and used by Manchester City to support player care and development.
- 5 Academy Pitches**
Players will train daily on the Academy pitches, used year-round by Manchester City's Academy teams.

MANCHESTER CITY BRINGS YOU CLOSER TO BEAUTIFUL FOOTBALL

Learn and train at the home of the 2018 Premier League champions.

Manchester City players, in their pursuit of both individual excellence and team success, strive to play exciting and beautiful football. This philosophy and approach to playing high-quality football is a key focus of our football courses.

Players will not only get an exclusive insight into how Manchester City players train, but will also learn valuable communication and teamwork skills by training with players from all over the world.



OUR COURSES

LEARN ENGLISH PLAYING BEAUTIFUL FOOTBALL

City Football Language

- ⚽ Football training plus football-themed English sessions
- ⚽ 2 weeks (12 nights)
- ⚽ Boys and girls
- ⚽ Ages 9-17

WHO COULD YOU BECOME?

City Football Development

- ⚽ Football training and workshops
- ⚽ 1 week (5 nights)
- ⚽ Boys and girls
- ⚽ Ages 9-13

TAKE YOUR GAME TO THE NEXT LEVEL

City Football Performance

- ⚽ Football training and performance insights
- ⚽ 1 week (5 nights)
- ⚽ Boys and girls
- ⚽ Ages 14-17



CITY FOOTBALL LANGUAGE

LEARN ENGLISH PLAYING BEAUTIFUL FOOTBALL

An exciting football and English course designed to help players develop essential communication skills in authentic contexts, both on and off the pitch.

PROFESSIONAL JOURNEY



Discover life in football as a player, manager, analyst and journalist

HIGH-QUALITY ENGLISH



Develop language skills with our qualified teaching team

DIGITAL EDUCATION



Learn from a unique syllabus taught through digital activities



BOYS

Boys-only training and accommodation; mixed language sessions and activities.

Age: 12–17

Duration: 2 weeks (12 nights)

Arrival day: Sunday

2019 start dates: 30 Jun;
14, 28 Jul



GIRLS

Girls-only training and accommodation; mixed language sessions and activities.

Age: 12–17

Duration: 2 weeks (12 nights)

Arrival day: Sunday

2019 start dates: 30 Jun



JUNIOR BOYS

A course designed and delivered to suit the needs of younger players.

Age: 9–11

Duration: 2 weeks (12 nights)

Arrival day: Sunday

2019 start dates: 14 Jul, 28 Jul

WHAT'S INCLUDED?



30 Hours of Football Training

Delivered by City Football Schools coaches at the City Football Academy



30 Hours of English Language

Football-focused learning led by British Study Centres teachers



Training Wear

City Football Schools kit, suitable for all weather conditions and yours to keep



Digital Self-Study

Pre-arrival online learning activities for every player



Club Content

Access to exclusive Manchester City materials



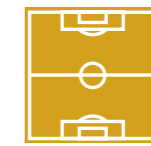
Certificate & Report

End-of-course academic feedback and recognition of achievement



Closing Celebration

Course graduation and certificate ceremony at the Etihad Stadium



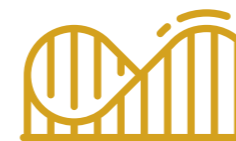
Etihad Stadium Tour

Pitch-side access and a look behind the scenes



Evening Activities

Variety of options at the residence each evening for socialising with friends



Weekend Excursions

Trips to the National Football Museum & a major theme park



Full-Board Meals

Breakfast, lunch, dinner and healthy snacks served daily



Private Bedroom

En-Suite, single bedroom with free Wi-Fi

DEVELOP YOUR ENGLISH SKILLS

Delivered by qualified teachers with a passion for football, English language sessions draw on interactive technology to make learning an enjoyable and memorable experience.

In 30 hours of off-pitch learning, players will improve English communication skills by completing a dedicated journey through the world of football, discovering life as a player, a manager, an analyst and a journalist. Each morning they will learn about key elements of the profession, and each afternoon they will put these skills into practice in real-life activities, such as:

- 🎧 press conference and media interviews
- 🎧 football analysis and punditry
- 🎧 match commentating and discussion
- 🎧 video and written journalism projects.



PLAY BEAUTIFUL FOOTBALL

Delivered by City Football Schools coaches who are experienced in Manchester City's philosophy and methodology, football training sessions will provide an authentic insight into how Manchester City players train on a daily basis.

Players will receive 30 hours of football coaching throughout the programme, where coaches will continually integrate and reinforce learning both on and off the pitch. Football coaching will focus on key areas such as:

- 🎯 development of individual techniques and skills
- 🎯 challenging 1v1 practices
- 🎯 team play and working together
- 🎯 improved understanding of how City perform through playing games.



Morning sessions focus on analysing the theme and profession of the day, e.g. learning key expressions to discuss tactics



Afternoon sessions focus on transferring learning into real practical situations, e.g. match analysis on the punditry sofa

YOUR FOOTBALL LANGUAGE JOURNEY

OUR LEARNING PRINCIPLES

PRE COURSE



Before arrival, players will receive:

- An online pre-test
- Exclusive access to digital learning activities

PLAYER



WEEK ONE

Example language activities:

- Player interview techniques
- Iconic moments presentations

MANAGER



WEEK ONE

Example language activities:

- Dream team creation
- Press conference video project

JOURNALISTS



WEEK TWO

Example language activities:

- Football innovation project
- Your digital football story

ANALYST



WEEK TWO

Example language activities:

- Commentary box
- Punditry sofa

POST COURSE



At the end of the course, players will receive:

- Certificate of completion
- Personal academic report

We promote the principle of 'learning by doing'; in the mornings, players will learn about key elements of the profession, and in the afternoon they will experience the profession through role play. We encourage players to:

- experience authentic football activities to improve communication
- use and understand specific and accurate football words and phrases
- work collaboratively and reflectively to reach their individual potential
- be inspired to learn through fun and motivating tasks.

SAMPLE SCHEDULE

	08:45	09:00 - 10:00	10:30 - 12:00	13:00 - 14:30	15:00 - 16:30	16:30 - 17:00	19:30 - 21:30
SUN	ARRIVALS Players are welcomed and receive their new kit, materials and introduction.						
MON	THE PLAYER AND THE MANAGER Team Talk: Daily Kick-off	OFF-PITCH Language Testing	ON-PITCH Tour and Ice Breakers	OFF-PITCH The Player: Meet your Teammates	ON-PITCH Game Play	Extra Time	Evening activities at the residence
TUE		OFF-PITCH The Player: Man City Interview Analysis	ON-PITCH Master the Ball	OFF-PITCH The Player: Media Interviews in Real Time	ON-PITCH 1v1 Game Play		
WED		OFF-PITCH The Player: Iconic Man City Moments	ON-PITCH Play with Style	OFF-PITCH The Player: Iconic Moments Presentations	ON-PITCH Technique in Play		
THU		OFF-PITCH The Manager: Team Evaluation	ON-PITCH Skill Development	OFF-PITCH The Manager: Create Your Dream Team	ON-PITCH Skill in Play		
FRI		OFF-PITCH The Manager: Media Training Preparation	ON-PITCH Master the Ball Tournament	OFF-PITCH The Manager: Press Conference Role Play	ON-PITCH Team Play		
SAT	Alton Towers						
SUN	Etihad Stadium tour and a visit to the National Football Museum in Manchester						
MON	THE ANALYST AND THE JOURNALIST Team Talk: Daily Kick-off	OFF-PITCH The Analyst: Commentary and Match Analysis	ON-PITCH Reflect the Week	OFF-PITCH The Analyst: The Commentary Box	ON-PITCH Develop the Team	Extra Time	Evening activities at the residence
TUE		OFF-PITCH The Analyst: Critical Analysis of Punditry	ON-PITCH Dominate Your Game	OFF-PITCH The Analyst: The Punditry Sofa	ON-PITCH Combination in Play		
WED		OFF-PITCH The Journalist: Innovation in Football	ON-PITCH Achieve Your Goal	OFF-PITCH The Journalist: Innovation Project	ON-PITCH Game Play to Goal		
THU		OFF-PITCH The Journalist: Your Journey	ON-PITCH Team Tournament	OFF-PITCH The Journalist: Your Digital Football Story	ON-PITCH Play to Recover		
FRI		ON-PITCH Group Tasks Review	Group Presentations and Closing Ceremony	Departures			

- Off-pitch: English language sessions take place in a variety of locations, such as classrooms at Connell College, on the Academy pitches, in the Media Centre, or in break-out rooms
- On-pitch: Football coaching sessions take place on City Football Academy's outdoor and indoor synthetic pitches
- Evening activities at the residence, such as project nights, sports nights, film nights and games nights
- Weekly theme
- Breaks and meal-times
- Weekend activities

Please note this is an example timetable and sessions may vary from that stated above.



EXCURSIONS & ACTIVITIES

In the evenings players can relax with friends enjoying social activities at the residence, such as games nights and sports nights.

At the weekend, players will go on a trip to the Etihad Stadium and National Football Museum, as well as visit an exciting location outside of Manchester, such as Alton Towers.



HEAR FROM PAST LANGUAGE PLAYERS

2018 HIGHLIGHTS



MATEU, SPAIN

"I am so grateful for this experience. I've had an amazing time, one of the best holidays of my life! I enjoyed it a lot because all the training was in Manchester City's facilities and I felt like a professional player. Everything was in perfect condition."



REBECCA, ITALY

"If you want to meet people, make friends from all over the world, learn English and play football in an exclusive location you should come on this course. This is going to be one of the best experiences of your life."



LARISSA, SWITZERLAND

"Every time I come here I'm amazed at how many different people come from all around the world. There are people here who I met last year, so it's great to see them again."



MUSTAFA, TURKEY

"I was really excited before I came here. I made friends, I like the language lessons and the football sessions. They were all so good. I want to thank all of the staff, teachers and coaches who helped me here."



A surprise visit from Manchester City's Men's First team during a training session on the indoor pitch.



Training on the City Football Academy pitches.



Training with City Football Schools coaches.

CITY FOOTBALL DEVELOPMENT

NEW FOR 2019!
 ▶ 1-Week Spring Course
 Ask for more details

WHO COULD YOU BECOME?

A fun and exciting 5-night training course for players aged 9-13 years who want to develop their skills and football understanding by training like a young City player.

FUN PRACTICAL TRAINING



Experience the City Football Schools *City Play Model* curriculum

DEVELOP BALL MASTERY



Practice skills within 1v1 situations and learn how they can be transferred into game play

INTERACTIVE LEARNING



Improve understanding of how players develop, both on and off-field, through engaging workshops



BOYS

Boys-only training and accommodation; mixed workshops.

Age: 9-13
Duration: 1 week (5 nights)
Arrival day: Sunday
2019 start dates:
 Spring: 14 Apr
 Summer: 30 Jun; 07, 14, 21, 28 Jul;
 04, 11, 18 Aug



GIRLS

Girls-only training and accommodation; mixed workshops.

Age: 9-13
Duration: 1 week (5 nights)
Arrival day: Sunday
2019 start dates:
 Summer: 30 Jun; 07 Jul; 04 Aug

"I've enjoyed meeting lots of new friends, being a grown up and having more responsibility. This will help me in the future, thank you all!"

Adrian, UK

WHAT'S INCLUDED?



15 Hours of Football Training

Delivered by City Football Schools coaches at the City Football Academy



15 Hours of Football Workshops

Delivered by City Football Schools specialists and coaches



Training Wear

City Football Schools kit, suitable for all weather conditions and yours to keep



Club Content

Access to exclusive Manchester City materials



Certificate & Report

Recognition of achievement



Closing Celebration

Course graduation and certificate ceremony at the Etihad Stadium



Etihad Stadium Tour

Pitch-side access and a look behind the scenes



Evening Activities

Variety of options at the residence each evening for socialising with friends



Full-Board Meals

Breakfast, lunch, dinner and healthy snacks served daily



Accommodation

Summer: Residential, single room en-suite with free Wi-Fi
Spring: Hotel, twin-share en-suite with free Wi-Fi

FUN PRACTICAL TRAINING

Designed to give confidence to young players through the enjoyment of playing football and having a passion for the game.

The key focus of the program delivery is to provide a unique insight into how Manchester City develop the skills of young players and how this is then transferred into games.

By creating a fun learning environment in which to train and play, City Football Schools provide participants with the authentic experience of training like a City player on the City Football Academy pitches.

With sessions taken from the *City Play Model*, practical training sessions focus on the technical aspects of the *Play For Fun* curriculum and how these techniques and skills can be transferred into more tactical situations in the *Play To Learn* curriculum (exact content to be adapted to specific ages and abilities).



PLAYER PROFILE

This is a great opportunity for young football players from all over the world to develop their skills through playing the game in an inspiring environment.

To fully benefit from the program, we recommend that participants:

- are enthusiastic and enjoy playing
- want to learn new skills or build on their existing ability
- want to learn about how young City players train and play
- are keen to make friends and work together
- speak and understand English to a level high enough to benefit from on/off-field instruction.



CORE FOCUS AREAS

PLAY BEAUTIFUL FOOTBALL

Training sessions will focus on developing key areas within the *Play For Fun* and *Play To Learn* curriculum:

MASTER THE BALL

Understand and perform individual skills to develop the confidence to play with creativity.

PLAY WITH STYLE

Learn to develop more refined body movements and techniques to combine skills with other players in game situations.

DOMINATE THE GAME

Develop and grow within realistic game practices to improve awareness and achieve success on the pitch.

ACHIEVE YOUR GOAL

Understand the role of individuals within teams and transfer learning into games.



TOURNAMENT ACTIVITY & RECOVERY SESSIONS

- ⚽ Through tournament activity and games, players will be challenged to play with speed and flair in a healthy competitive environment. Players are encouraged to play positively and with the courage to showcase their skills.
- ⚽ These competitive games not only allow players to transfer their technical and tactical skills into match situations, but also create a platform for players to develop their teamwork skills by playing with other young players from all over the world.
- ⚽ A key part of these activities also includes players understanding of when to work hard and push themselves, and when to relax through cool down activities and fun recovery sessions.

INTERACTIVE FOOTBALL WORKSHOPS

- ⚽ With the emphasis on developing more complete footballers, players will also take part in a series of interactive workshops in between practical training sessions. These sessions will provide further insights in to how the game is played, looking at themes from 1v1 situations up to 9v9 games.
- ⚽ By analysing the roles of different positions within teams and reviewing digital content relating to how match situations evolve, players will study the game as well as playing the game in a fun, innovative environment.
- ⚽ By the end of the course, players will have had the opportunity to play, learn, analyse and review, and will be provided with feedback and an individual player report from the City coaching team.

SAMPLE SCHEDULE

	09:00 - 10:00	10:30 - 12:00	13:00 - 14:30	15:00 - 16:30	16:30 - 17:00	19:30 - 21:30
SUN			Arrivals, registration and welcome	Welcome Induction and Football Squad Introduction		
MON	OFF-PITCH Nutrition focus • What do you eat?	ON-PITCH Introduction to the City Play model	OFF-PITCH Creative play • Thinking about the game	ON-PITCH Master the Ball	BREAK Recovery and review Dinner at the residence Evening activities at the residence	
TUE	OFF-PITCH How Man City play • Team set-up	ON-PITCH Play with Style	OFF-PITCH Introduction to video analysis	ON-PITCH Dominate the Game		
WED	OFF-PITCH Player Development	ON-PITCH Achieve your Goal	OFF-PITCH Position analysis and how it relates to you	ON-PITCH Game play and possession		
THU	OFF-PITCH Introduction to skills challenges and testing	ON-PITCH Tournament play • 7v7, 9v9	OFF-PITCH Innovation and interactive play	ON-PITCH Introduction to Futsal		
FRI	OFF-PITCH Recovery overview and importance of relaxation	ON-PITCH Recovery session • Small-sided games	Etitihad Stadium Tour	Closing Ceremony (Etihad Stadium)		

- Off-pitch: Workshops take part in a variety of locations, including Connell College and the City Football Academy
- On-pitch: Football coaching sessions take place on City Football Academy's outdoor and indoor synthetic pitches
- Evening activities at the residence, such as project nights, sports nights, film nights and games nights
- Departures
- Breaks and meal-times
- Weekend activities

Please note this is an example timetable and sessions may vary from what is stated above.

EXCURSIONS & ACTIVITIES

On Friday afternoon, players will go on a tour of the Etihad Stadium before attending the closing ceremony in the hospitality suites.

An exciting and engaging evening activity programme will take place at the residence. Students will have a range of activities to sign up for each evening which will include options such as swimming, futsal tournaments, movie nights, quizzes, ultimate frisbee and much more.



HEAR FROM PAST DEVELOPMENT PLAYERS

2018 HIGHLIGHTS



HARRY, UK

"The programme was very organised and the staff very kind"



CALLUM, HONG KONG

"I liked the training very much because I learnt new skills and techniques that will help me become a better footballer."



NOAH, FRANCE

"I have enjoyed the training sessions the most and how all the coaches and staff are really nice and friendly."



ATT, THAILAND

"The football lessons improved my awareness and my techniques. I have developed my football knowledge thanks to the workshop sessions"



Q&A session with former Manchester City player and Premier League winner Joleon Lescott.



Academy Director, Jason Wilcox, speaks to our players about life at City's Academy and what it takes to develop as a player.



Learning about innovation in football with City Football Schools specialists.

CITY FOOTBALL PERFORMANCE

NEW FOR 2019!
 ▶ 1-Week Spring Course
 Ask for more details

TAKE YOUR GAME TO THE NEXT LEVEL

An intensive 5-night training course for players who are committed to improving their individual game in a professional environment.



Enhance your personal game with City Football Schools coaches



Learn about professional football with City Football specialists



Individual testing of speed, endurance and agility.



BOYS

Boys-only training and accommodation; mixed workshops.

Age: 14-17

Duration: 1 week (5 nights)

Arrival day: Sunday

2019 start dates:

Spring: 07 Apr

Summer: 30 Jun; 07, 14, 21, 28 Jul;

04, 11, 18 Aug



GIRLS

Girls-only training and accommodation; mixed workshops.

Age: 14-17

Duration: 1 week (5 nights)

Arrival day: Sunday

2019 start dates:

Summer: 30 Jun; 07 Jul; 04 Aug

"I've had such a great time training at Manchester City's facilities, learning from the coaches and making new friends."

Annie, UK

WHAT'S INCLUDED?



15 Hours of Football Training

Delivered by City Football Schools coaches at the City Football Academy



15 hours of Football Workshops

Delivered by City Football Schools specialists and coaches



Training Wear

City Football Schools kit, suitable for all weather conditions and yours to keep



Club Content

Access to exclusive Manchester City materials



Certificate & Report

Personal evaluation and recognition of achievement



Evening Activities

Variety of options at the residence each evening for socialising with friends



Closing Celebration

Course graduation and certificate ceremony at the Etihad Stadium



Etihad Stadium Tour

Pitch-side access and a look behind the scenes



Individual Development Plan

Personal feedback from City Football Schools coaches



Full-Board Meals

Breakfast, lunch, dinner and healthy snacks served daily



Accommodation

Summer: Residential, single room en-suite with free Wi-Fi

Spring: Hotel, twin-share en-suite with free Wi-Fi

IMPROVE YOUR INDIVIDUAL GAME

Delivered by City Football Schools coaches and specialists, the City Football Performance course gives players the opportunity to experience how City's teams strive to play beautiful football, and how professional players optimise their training sessions to earn a competitive edge.

At the end of the program, players will take away a personal evaluation with valuable insight into their current performance, and a development plan to improve their individual game as they return to their school or club.



PLAYER PROFILE

This is a unique opportunity for enthusiastic football players from all over the world to take their game to the next level.

To fully benefit from the program, we recommend that participants:

- ⚽ are committed to improving their individual game
- ⚽ play regularly for a school or local club
- ⚽ want to develop alongside players from other countries
- ⚽ speak and understand English to a level high enough to benefit from on/off field instruction
- ⚽ are prepared to work hard as an individual and in a team.



CORE FOCUS AREAS

FOOTBALL PERFORMANCE

Football Performance focuses on encouraging players to adopt a greater analytical and strategic approach to their personal game preparation. Both on and off the pitch, players will work on increasing tactical and position-specific awareness, enhancing individual performance levels, and ultimately, reflecting the Club's goal to play an attractive, technically-skilled, forward-playing game.

TECHNICAL SESSIONS



- Development of technical skills
- Understanding of tactics and game situations
- Match analysis and playing strategies
- Video analysis of Manchester City players and matches

GAME PREPARATION



- Experience City's playing philosophy and methodology
- Position-specific analysis and comparison of individual player qualities

11 VS 11



HUMAN PERFORMANCE

Human Performance focuses on providing players with an authentic insight into how City players sharpen the body and mind to achieve peak condition and cope with the physical and psychological demands of professional football at the highest level. Embracing the latest in Sports Science from preparation to recovery, players will take on intensive challenges to test their tenacity.

PERFORMANCE TESTING



- Development of athletic performance
- Strength and conditioning
- Prevention of injuries

ENVIRONMENTAL CHAMBER



- Recovery techniques
- Understanding mental focus

HYDROTHERAPY



DEVELOPMENT OF TALENT

Development of Talent focuses on close support from the coaching team to evaluate current performance levels of each individual player, recognising specific development areas to work on after completing the course. Players will also gain a deeper understanding of how the Club identifies and nurtures talent, by assessing the desired playing attributes and personality traits required to meet City player standards.

POSITIONAL UNDERSTANDING



- One-to-one support from the City Football Schools coaching team
- Self-profiling and reflection
- Player profiling and what is needed at the highest level

ONE-TO-ONE SUPPORT



- Understanding of what makes talented players
- Player recruitment and pathways

SELF REFLECTION



SAMPLE SCHEDULE

	09:00 - 10:00	10:30 - 12:00	13:00 - 14:30	15:00 - 16:30	16:30 - 17:00	19:30 - 21:30		
SUN			Arrivals, registration and welcome	Welcome Induction and Football Squad Introduction				
MON	OFF-PITCH Human Performance <ul style="list-style-type: none"> Strength and conditioning for footballers Injury prevention Nutrition and hydration requirements 	ON-PITCH Master the Ball <ul style="list-style-type: none"> Individual Play and Creativity 	OFF-PITCH Human Performance <ul style="list-style-type: none"> Introduction to psychology Understanding personality traits and reaching for success 	ON-PITCH Play with Style <ul style="list-style-type: none"> Combination Play 	BREAK	Recovery and review	Dinner at the residence	Evening activities at the residence
TUE	OFF-PITCH Football Performance <ul style="list-style-type: none"> Video analysis City's team play and tactics 	ON-PITCH Play with Style <ul style="list-style-type: none"> Development of Techniques 	OFF-PITCH Football Performance <ul style="list-style-type: none"> Individual development 	ON-PITCH Dominate the Game <ul style="list-style-type: none"> Developing Individuals within Game Practices 				
WED	OFF-PITCH Development of Talent <ul style="list-style-type: none"> Player profiling 	ON-PITCH Achieve Your Goal <ul style="list-style-type: none"> Understanding the Roles of Individuals in Teams 	OFF-PITCH Development of Talent <ul style="list-style-type: none"> Self-profiling Positional understanding 	ON-PITCH Game preparation <ul style="list-style-type: none"> Structure and tactics 				
THU	OFF-PITCH Human Performance <ul style="list-style-type: none"> Physical testing 	ON-PITCH Tournament Activity <ul style="list-style-type: none"> Transferring Skills into Game Situations & Playing with Flair 	OFF-PITCH Human Performance <ul style="list-style-type: none"> Climate testing in the Environmental Chamber (MIHP) 	ON-PITCH Small-sided games				
FRI	OFF-PITCH Human Performance <ul style="list-style-type: none"> Hydrotherapy session in the MIHP 	ON-PITCH Fun Recovery Sessions <ul style="list-style-type: none"> Cool down activities and fun games 	Etihad Stadium Tour	Closing Ceremony (Etihad Hospitality Suites)				

- Off-pitch: Workshops take part in a variety of locations, including Connell College, the MIHP and the City Football Academy.
- On-pitch: Football coaching sessions take place on City Football Academy's outdoor and indoor synthetic pitches
- Evening activities at the residence, such as project nights, sports nights, film nights and games nights
- Departures
- Breaks and meal-times
- Weekend activities

Please note this is an example timetable and sessions may vary from that stated above.

EXCURSIONS & ACTIVITIES

On Friday afternoon, players will go on a tour of the Etihad Stadium before attending the closing ceremony in one of the stadium suites.

An exciting and engaging evening activity programme will take place at the residence. Students will have a range of activities to sign up for each evening which will include options such as swimming, futsal tournaments, movie nights, quizzes, ultimate frisbee and much more.



HEAR FROM PAST PERFORMANCE PLAYERS

2018 HIGHLIGHTS



ELLEN, SWEDEN

"The coaches and everyone around you inspire and teach you so much. You can really become aware of your strengths and what you should do more of, as well as your weaknesses and how to improve them"



CHRIS, SOUTH AFRICA

"This program was truly a memorable experience. The football sessions were exemplary and I learned so many new things."



ALEXANDER, CANADA

"I loved training with the City Football Schools coaches at Manchester City. It was an unforgettable experience."



CONNOR, USA

"It has been amazing to meet people from all around the world and train with them here."



Training on the indoor pitch at the heart of the Etihad Campus.



Manchester City player Demi Stokes, meets the girls during a training session.



ACCOMMODATION

All players on our summer courses* will stay in modern, high-quality university accommodation, including:

- 🌐 private en-suite bedrooms with study desk and Wi-Fi
- 🌐 full-board meals (breakfast and dinner at the residence; lunch at Connell College; packed-lunches at the weekend)
- 🌐 24-hour security
- 🌐 excellent sports and swimming facilities, as well as communal lounges with Sky TV, games consoles, pool tables, study areas, a cinema room
- 🌐 private daily coach transfer to and from the City Football Academy
- 🌐 free laundry provided for training kit; laundry facilities available for personal items at extra cost.



*Players on the Spring course will share twin or triple bedrooms in nearby hotel accommodation.

SAFETY & WELFARE

The safety and welfare of our players is our number one priority. Our trained teams are on site at all times and have a wide range of experience in working with young people.

We also have a dedicated Welfare Manager, to support our players with any worries or concerns they may have.

- 🌐 Dedicated on-site team
- 🌐 24-hour supervision
- 🌐 Staff to student ratios (16:1 English language and coaching sessions; 10:1 residence)
- 🌐 Trained first-aiders on-site
- 🌐 Airport meet and greet available
- 🌐 Unaccompanied minor service available
- 🌐 Police background checks on all staff
- 🌐 Secure training facilities
- 🌐 Female staff available on girls programme



FAQS

How long can my child come for?

It depends on the course. The Development and Performance courses last five nights, and the Language course lasts 2 weeks (12 nights). Additional nights are available at extra cost.

What level of English should my child have?

The City Football Language School caters for players with an English level of A2-B2. The Development and Performance courses are delivered in English, therefore we recommend a minimum level of B1 in order to keep up with the pace of the course.

Can I watch my child play?

Access to the City Football Academy to watch training sessions is not permitted unfortunately, so that participants can focus on playing without distractions. We do however, invite parents to attend the Closing Ceremony on the final Friday of the course.

Is kit included in the cost?

Yes, we provide every player with a set of kit that is washed daily. The kit includes: 2x shirts, 2x pairs of shorts, 2x pairs of socks, 1x pair of tracksuit bottoms and 1x rain-jacket. Players will also be given a water bottle and a drawstring bag.

Who are the coaches?

All training sessions are led by City Football Schools coaches who are experienced in Manchester City's philosophy and methodology. The Coaches work with all players to help them develop their football skills, on an individual and group level.

Does my child have to stay at the residence?

Yes, all players stay together at the residence for a fully immersive experience. The residence is located a short private coach-ride away from the City Football Academy.

FAQS

Do you offer discounts for siblings?

Yes, if you are booking for siblings at the same time we can offer a sibling discount. Please contact your representative for more details.

Can you accommodate special dietary requirements?

Most dietary requirements can be catered for, please advise us of any requirements at the time of booking. Please note there may be a supplementary charge.

How can I contact my child/the centre?

You will be provided with a Centre phone number and an emergency number, which is available on your booking confirmation letter. Your child will have access to WiFi at the residence, and you may contact their mobile number when they are at the residence in the evenings.

Are airport transfers included?

Airport transfers are not included in the total price however we offer an airport transfer service for a supplementary charge. Please ask us at the time of booking if you would like to book an airport transfer.

Can't find the answer you need?

We know you have lots of questions. If the answer to your question isn't here, please contact us at:

info@cityfootball-language.com

info@cityfootball-performance.com



ETIHAD CAMPUS

MANCHESTER CITY



info@cityfootball-language.com
info@cityfootball-performance.com



DELIVERED BY
BRITISH STUDY CENTRES



YOUR AGENT DETAILS